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Expanding Supply Is the Only Lasting Solution to India's Medical Education Crisis

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Expanding Supply Is the Only Lasting Solution to India's Medical Education Crisis

 **The Indian Express** 2 June 2026 **GS2**

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INTERVIEW ANGLE

"Medical education regulation in India protects quality but constrains supply. At what point does quality-protection become cartelisation at the expense of healthcare access?"

NEET malpractice is a supply-demand symptom: 1.3 lakh MBBS seats for 20 lakh aspirants. Deregulating seat supply with NExT as the single quality gate is the structural fix.

THE ARGUMENT IN ONE LINE

Fix the supply, not just the exam — seat scarcity creates the corruption incentive; expansion through deregulation + NExT as quality gate removes it.

THE NUMBERS

METRIC	VALUE
MBBS seats (India)	~1.3 lakh
NEET candidates	~20 lakh/year
Admission rate	<7%
India's doctor:population	~1:834
WHO benchmark	1:1,000

THE QUALITY GATE FIX

- **NExT (National Exit Test)** — all MBBS graduates must pass to practice in India.
- If NExT is the gate, seat expansion does not lower standards.

- NMC (National Medical Commission) accreditation shifts from input-inspection to output-performance.

UPSC RELEVANCE

PAPER	RELEVANCE
GS2	Medical education governance; NMC; NEET; NExT
Prelims	NMC (replaced MCI, 2020); NExT; NEET (National Eligibility cum Entrance Test)

Sources: *Indian Express, National Medical Commission*

Source: Expanding Supply Is the Only Lasting Solution to India's Medical Education Crisis — Ujijari.com | Free UPSC & State PCS Editorial Analysis

• KEY ARGUMENTS AT A GLANCE

India's examination integrity crisis — exemplified by NEET malpractice — is a symptom of extreme supply-demand mismatch; with only ~1.3 lakh MBBS seats for millions of aspirants, the perverse incentives for fraud are structural, and deregulating education to allow institutional expansion and competition is the only durable fix.

✓ SUPPORTING

- With ~1.3 lakh MBBS seats and ~20 lakh NEET candidates, less than 7% can secure an MBBS seat — the extreme scarcity creates desperation that makes bribery and paper-leak profitable crimes with high reward-to-risk ratios.
- India's doctor-population ratio (~1 doctor per 834 people) is well below the WHO benchmark of 1:1000 and far behind comparable middle-income countries; the seat scarcity is not about quality protection — it is the legacy of over-regulated supply through NMC and state medical councils.
- Countries that deregulated medical education (the US, UK) invested simultaneously in accreditation and licensing rigor; the lesson is to separate the seat-supply question from the quality-gate at practice.


COUNTER

Medical regulators argue that rapid seat expansion without infrastructure quality control will flood healthcare with inadequately trained doctors; India's poor infrastructure (faculty, equipment, clinical exposure) at many existing private colleges makes this a genuine concern.


WAY FORWARD

Set a 5-year target to double MBBS seats (to 2.5 lakh); allow new entry by private and public players through output-based accreditation (licensing exam pass rates) rather than input-based inspection; strengthen the NExT (National Exit Test) as the single quality gate for all graduates.

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MAINS ANSWER FRAMEWORK
QUESTION

"India's examination-integrity crisis in medical education is a symptom of a structural supply-demand mismatch." Examine and suggest reforms. (250 words)

INTRODUCTION

India's medical education system produces a recurring examination-integrity scandal not because its administrators are unusually corrupt, but because the incentive structure created by extreme seat scarcity makes corruption rational. The fix is supply, not surveillance.

BODY

With roughly 1.3 lakh MBBS seats and ~20 lakh NEET candidates annually, the admission rate is below 7%. The economic value of a medical seat — given doctors' lifetime earnings and social status in India — is enormous.

This creates a market for manipulation: paper leaks, impersonation, bribery. Enhancing exam security (biometric verification, multiple question sets, CCTV) reduces the margin but does not eliminate the incentive.

The incentive ends when seats are no longer scarce relative to qualified demand. India’s doctor-population ratio remains well below the WHO benchmark of 1 doctor per 1,000 people; a doubling of MBBS seats would simultaneously improve healthcare access, reduce private-college extortion, and lower the stakes of individual exam malpractice.

The NExT (National Exit Test), which all MBBS graduates must pass to practice, is the right quality gate: if you cannot pass NExT, you cannot practice, regardless of which college graduated you. This separates seat supply from the quality threshold and allows seat expansion without compromising healthcare standards.

CONCLUSION

India can have both more medical seats and higher-quality doctors — but not by tightening exam security while leaving supply constrained. The structural reform is seat expansion through deregulation, with NExT as the single, credible quality gate.

Exam security is a symptom treatment; supply expansion is the cure.

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