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MAGAZINE NOTES

Yojana February 2026 — Wellness Matters

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Yojana February 2026 — Wellness Matters

 **Yojana**

February 2026

GS2**GS3****Yojana**

Govt. of India · Monthly

EDITION

February 2026

MAINS:

GS Paper 2**GS Paper 3**

Yojana's February 2026 issue focuses on holistic health and wellness — covering AYUSH mainstreaming, naturopathy, millets, yoga, and child nutrition.

CONFIRMED ARTICLES

- 1 Mainstreaming Ayush for Holistic Health Ecosystem — *Dr A. Raghu*
- 2 Naturopathy and Holistic Wellness — *Prof (Dr) Satya Lakshmi Komarraju*
- 3 Millets in the Right Context — *Rujuta Diwekar*
- 4 Yoga and Wellness — *Dr Nilima Patel*
- 5 Next-Gen Nutrition Strategy for Child Wellness — *Dr Shweta Khandelwal*

Note: Detailed article summaries were not available from coaching site sources at the time of compilation. Article titles and authors confirmed from retail listings and AFEIAS.

Sources: [Sparklecopier](#), [UPSC PDF](#)



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