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MAGAZINE NOTES

LiFE and the Vedic Way — Lifestyle for Environment

15 January 2026 ·

ENVIRONMENT

GS3

GS4

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LiFE and the Vedic Way — Lifestyle for Environment

■ Yojana Chapter 5 · 1 min read ·

Mission LiFE (Lifestyle for Environment) was launched at COP-26; India updated its NDC on **3 August 2022** to include LiFE as a key pillar.

Three Phases of Mission LiFE

PHASE	FOCUS
Phase I	Demand shift — nudging citizens toward eco-conscious lifestyles
Phase II	Supply shift — industries transition to sustainable production
Phase III	Policy change — regulatory frameworks supporting sustainability

Four Vedic Principles Aligned with LiFE

PRINCIPLE	MEANING	LIFE CONNECTION
Aparigraha	Non-hoarding, non-possessiveness	Reduce, reuse — minimal consumption
Prakriti Raksha	Nature conservation	Biodiversity protection, sustainable resource use
Yajna	Sacrifice, selfless action	Community service for environmental good
Rta	Cosmic order, natural law	Living in harmony with nature's rhythms

Related Government Initiatives

- **Ecomark Rules 2024:** Notified 24 September 2024 — eco-labelling for sustainable products
- **RUCO Programme:** Repurpose Used Cooking Oil — collected for biodiesel
- **GOBARDhan:** Galvanizing Organic Bio-Agro Resources Dhan — biogas plants converting cattle dung and agricultural waste

UPSC Angle

- **GS3:** Environment, sustainable development, Mission LiFE, circular economy
- **GS4:** Ethics — linking traditional Indian values with modern environmental responsibility
- **Essay:** “Can ancient Indian wisdom provide solutions to the modern climate crisis?”

Sources: [NextIAS Yojana January 2026](#) , [EduRev Yojana January 2026 Part 2](#)



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